

THE RACING TRENDS

SARASWATI BAL MANDIR

A-Block, Amar Colony, Lajpat Nagar-IV, New Delhi-110024

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JULY –SEPTEMBER, 2019

UPCOMING EVENTS

Oct- Dec

- Ganit Gyan Vigyan Mela
- Sanskrit Prashnamanch
- Athletics (classes I to III)
- Dussehra and Diwali celebration
- Sports Day (Nursery)
- Periodic Test III (VI to VIII)
- Dictionary Competition
- Ramnujam Diwas
- Annual Function

From the Principal's Desk.....

Dear Parents and Guardians,

This quarter witnessed a flurry of activities in the school. This is the time of the year when students get the opportunity to bring out their hidden potential. Our students participated in various competitions organised at different levels and brought fame to their alma mater. It is a moment of pride to share that some of our students even got selected for the national level.

To conclude, I would like to thank you for your tremendous support which made it possible for us to succeed in our endeavours.

I wish you a wonderful quarter ahead.

'Together may we give our Children the roots to grow and the wings to fly.'



Saraswati Bal Mandir, Lajpat Nagar celebrated International Yoga Day. All the teachers, students and parents were part of this programme.

A day before, the International Yoga Day, the school organised a spectacular road rally in Lajpat Nagar covering Amar-Colony, Dayanand Colony, East of Kailash, area with the aim of spreading awareness on Yoga.

A programme was organised in the school premises. The programme started with lighting the lamp followed by Saraswati Vandana.

The special guest Monika, a Yoga instructor first introduced herself with the students with a speech on Yoga. She demonstrated various asanas and explained their importance. Students, parents and teachers also performed various asanas and Pranayams (breathing exercise) and followed by some cultural performances.

The celebration was concluded with the vote of thanks by the school principal Ashok Kumar Mittal and the national anthem.



NAMO TAMANG, CLASS VII, I POSITION,
POSTER MAKING COMPETITION, DIRECTORATE OF
EDUCATION, ZONE 25

Showcasing unique talents is an era of science and technology

Saraswati Bal Mandir, Lajpat Nagar organised SRI-JAN-2019 under the guidance of school principal Ashok Kumar Mittal and Manager Manjeet Kaur. In this event of various activities, a group of Matri Bharti arranged some food stalls and mehandi stall in the school premises.

Students of Sanskar Kendra and their parents also took part in the exhibition. All the parents vis-



ited the exhibition. Model exhibition consist scholastic subjects such as Maths, Science, SST, Hindi, English models with Aadharbhoott Vishay like Music, Yoga, Moral Education, Physical Education, Sanskrit. The chief guest of this programme was Satish Sharma (Mantri of South Zone of Samarth Shiksha Samiti). He appreciated the work done by the students and teachers.

MELANGE



Sh. Akhilesh Bhatt(DDE Zone-25), Sh. Shamshad Ali (DDE Zone-29), Sh. Navdeep Lamba



Interschool Yoga, III



A step towards a greener future.....

The school has taken the initiative to encourage its students to make it a custom to plant a sapling in a coconut shell on their birthday. The students also participated in the Mass Tree Plantation Programme, under which they planted around 20 trees in the vicinity of the school.



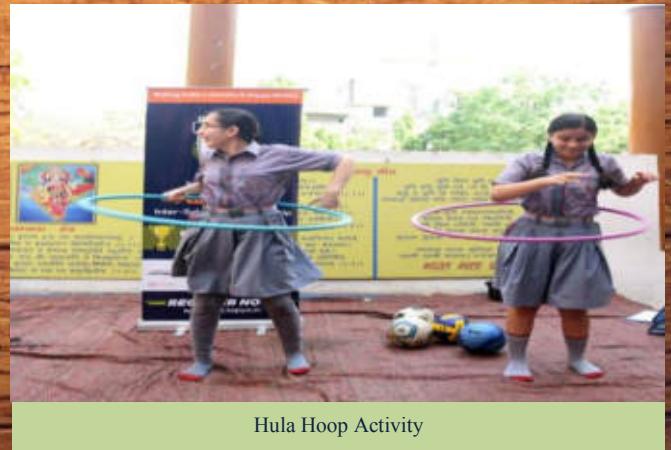
Under 11 girls Kabbadi, Silver Medal, Uttar Kshetra



Group Song



Sh. Ram Gopal Aggarwal(Mahamantri, Hindu Shiksha Samiti , Nyas)



Hula Hoop Activity

You Tell I forget, Teach Me I remember and Involve Me and I Learn

Training in Martial Arts.....

Martial arts promote a healthy lifestyle, and offer many benefits that other sporting activities lack. The school has started training in five martial arts forms; Judo, Karate, Boxing, Kick Boxing and Taekwondo. Our students took part in various competitions and bagged top positions.

Namoa Tamang
(ClassVII) has even qualified for the National Tournament.



BUSY BUDDIES



The students of nursery wing soaked themselves in the spirit of monsoon and enjoyed the rain dance . Rakhi celebration , Independence Day celebration , Clean India Green India, Janmashtami Celebration, Orientation Programme and Awakening Programme (Importance of Balanced Diet) were some of the activities undertaken to ensure holistic development of the young learners.



A Glimpse of the world....?

1. World's biggest rainforests, often called 'Lungs of the world' were burning.
2. The cleanest city in India in 2019.
3. The best country in the world according to World Economic Forum.
4. WHO declared this disease outbreak as an International Emergency.

हिंदी हमारी जान है...

हिंदी हमारी जान है ,आन बान और शान है |
मानुत्व पर मरने वालों की, यही तो पहचान है ||
हिंदी से है हिंदुस्तान, यही अपना अभिमान है ||
सबकी सखी, सबसे सरल, जैसे सबका सम्मान है ||
यही तो है अपनी धरती पर, प्रेम का दूजा नाम है |
बोली में ये अपनापन देती, अखंडता इसका ईमान है ||
संविधान में पारित कॉलेज से विद्यालयों तक पूजित |
जन जन का गौरव ,लेखकों के बीच सर्वशक्तिमान है ||
आओ सब बढ़ाए इसका मान, तभी होगी ये हर बोली में विद्यमान।
हिंदी हमारी जान है ,आन बान और शान है ||

OUR PROUD ALUMNI



Harpreet Kaur
Administrative Asst.,
Hotel Le Meridien



Neeru Bhushan
Science Teacher,
Bluebells
International School



Pawan Kumar
Businessman



Rakesh Gupta
Member, SMC
Businessman

FLASHBACK

- The school hosted Srijan,2019.
- Sanskrit Week was celebrated from Aug 12,2019 to Aug 18, 2019.
- Patronizing Indigenous Products, the students led Swadeshi Rally.
- Maths magician Saurabh Jain taught numerous Maths Magic Tricks.

Ans: The Amazon,
Mysuru, Germany and
Ebola.